

Reference (include title, author, journal title, year of publication, volume and issue, pages)	Evidence level (I-VII)	Key findings, outcomes or recommendations
Aggarwal, R., Singhal, A., Deorari, A., Paul, V.K. (2009). Apnoea in the newborn. <i>All India Institute of Medical Sciences</i>	VII	<ul style="list-style-type: none"> • Further potential causes of apnoea • Differential diagnosis • Clinical examination • Pharmacology
Atkinson, E. & Fenton, A. (2009). Management of apnoea and bradycardia in neonates. <i>Paediatrics and Child Health</i> . 19(12), 550-554	V	<ul style="list-style-type: none"> • Incidence of apnoea of prematurity at different gestations • Further potential causes of apnoea
Doherty Chantal, MD. Causes and management of apnoea in the newborn. Powerpoint presentation.	VII	<ul style="list-style-type: none"> • Differences between apnoea in preterm and term infants • Potential causes of apnoea • The 3 types of apnoea • Expected onset of apnoea of prematurity and duration • Treatment and management possibilities after recognizing the type and cause of apnoea
Elder, D. E., Campbell, A. J. and Galletly, D. (2013), Definitions for neonatal apnoea. <i>J Paediatr Child Health</i> , 49: E388-E396. doi:10.1111/jpc.12247	II	<ul style="list-style-type: none"> • Evidence on lack of evidence based definitions of apnoea.

<p>Gray, P.H., Flenady, V.J., Charles, B.G., Steer, P.A. (2011). Caffeine citrate for very preterm infants: effects on development, temperament and behavior. <i>Journal of Paediatrics and Child Health</i>. 47, 167-172</p>	<p>II</p>	<ul style="list-style-type: none"> • Caffeine has similar short term effects on apnea/bradycardia as theophylline but caffeine has certain therapeutic advantages over theophylline. • Theophylline associated with higher rates of toxicity • Possibility that higher dose caffeine might be more effective in extremely preterm infants- needs further evaluation in randomized controlled trials
<p>Henderson-Smart, D.J., Steer, P.A. (2010). Caffeine versus theophylline for apnea in preterm infants. <i>Chochrane Database Syst Rev</i>. Jan 20; (1)</p>	<p>I</p>	<ul style="list-style-type: none"> • Caffeine has similar short term effects on apnea/bradycardia as theophylline but caffeine has certain therapeutic advantages over theophylline. • Theophylline associated with higher rates of toxicity • Possibility that higher dose caffeine might be more effective in extremely preterm infants- needs further evaluation in randomized controlled trials
<p>Johnson, P.J. (2011). Caffeine Citrate Therapy for Apnoea of Prematurity. <i>Neonatal Network</i>. 30(6), 408-412</p>	<p>VII</p>	<ul style="list-style-type: none"> • Review of history of methylxanthine therapy as a treatment of AOP • Examines benefits of caffeine citrate • Review of pharmacology and pharmacokinetics of caffeine • Review of current evidence-based practice for the use of caffeine citrate in treating apnoea of prematurity

<p>Mohammed, S., Nour, I., Shabaan, A.E., Shouman, B., Abdel-Hady, H., Nasef, N. (2015). High vs low-dose caffeine for apnea of prematurity: a randomized controlled trial. <i>Eur J Pediatrics</i>. Jul; 174(7): 949-956</p>	<p>II</p>	<ul style="list-style-type: none"> Shows that a higher dose of caffeine (40mg/kg load and 20mg/kg/day compared to the current standard of 20mg load and 10mg/kg/day) can decrease the chance of extubation failure and frequency of apnoeas in the preterm infant.
<p>Powell MB, Ahlers-Schmidt CR, Engel M, Bloom BT. (2017). Clinically significant cardiopulmonary events and the effect of definition standardization on apnea of prematurity management. <i>J Perinatol</i>. 37:88–90. (PubMed: 27684421)</p>	<p>IV</p>	<ul style="list-style-type: none"> Standardizing definitions, assessments and treatment reduced the use of caffeine and home apnoea monitors upon NICU discharge
<p>Schmidt B, Roberts RS, Anderson PJ, et al. (2017). Academic Performance, Motor Function, and Behavior 11 Years After Neonatal Caffeine Citrate Therapy for Apnea of Prematurity: An 11-Year Follow-up of the CAP Randomized Clinical Trial. <i>JAMA Pediatr</i>. 171(6):564–572. doi:10.1001/jamapediatrics.2017.0238</p>	<p>II</p>	<ul style="list-style-type: none"> Caffeine reduced risk of motor impairment in 11-year-old children with very low birth weight. Neonatal caffeine therapy is effective and safe into middle school age.
<p>Sreenan, C., Lemke, R.P., Hudson-Mason, A., Osiovich, H. (2001). High-flow nasal cannulae in the management of apnoea of prematurity: A comparison with conventional nasal continuous positive airway pressure. <i>Pediatrics</i> 107, 1081-1083</p>	<p>IV</p>	<ul style="list-style-type: none"> Comparison of CPAP and high-flow nasal cannula (HFNC) oxygen in the management of AOP At flows of 2.5L/min in infants <2kg, HFNC can generate positive distending pressure which is as effective as NCPAP in the management of AOP
<p>Zhao, J., Gonzalez, F. & Mu, D. (2011) Apnea of prematurity: from cause to treatment. <i>Eur J Pediatr</i> 170: 1097. https://doi.org/10.1007/s00431-011-1409-6</p>	<p>VII</p>	<ul style="list-style-type: none"> Discussion of Neonatal apnoea, investigations, treatment and management